



Progress Report

Local Wellness Policy School-Level Implementation

This tool was created to support monitoring the implementation of the district's local school wellness policy (LWP) at each school. It is a customizable tool that can help schools and district wellness councils track progress and compliance of wellness policies and practices.

This tool can be used to;

- Provide annual feedback to the district wellness council on local school wellness policy implementation at the school level
- Inform local school wellness policy reporting to superintendents and school boards
- Gather feedback for suggested local school wellness policy revisions
- Inform the school wellness committee of local school wellness policy areas for improvement

Our district's wellness policy can be found at [Insert website URL]

Section I: School and Committee Information

1. School Information

School Name	Low Grade	High Grade
Evergreen Union	PK	8

Principal's Name	Principal's Email
Kristen Nobles	Knobles@evergreenusd.org

Board Approved 6/20/23

2. School Wellness Leader Contact Information

Name	Email	Phone Number
Kristen Nobles	knobles@evergreenusd.org	(530)347-3411

3. School Wellness Committee Members

Name	Committee Role	Title/ Position	Email Address
<i>Kristen Nobles</i>	<i>School Wellness Leader</i>	<i>Principal</i>	<i>knobles@evergreenusd.org</i>
<i>Camden Ray</i>	<i>Committee Member</i>		<i>cray@evergreenusd.org</i>
<i>Nancy Veatch</i>	<i>Committee Member</i>	<i>Assistant Superintendent</i>	<i>nveatch@evergreenusd.org</i>
<i>Jared DuVal</i>	<i>Committee Member</i>	<i>Teacher</i>	<i>jduval@evergreenusd.org</i>
<i>Kevin Gallagher</i>	<i>Committee Member</i>	<i>Principal</i>	<i>kgallagher@evergreenusd.org</i>
<i>Beth Pulfer</i>	<i>Committee Member</i>		<i>bpulfer@evergreenusd.org</i>
<i>Roxane Akers</i>	<i>Committee Member</i>	<i>Teacher</i>	<i>rakers@evergreenusd.org</i>
<i>CalFresh representative</i>	<i>Committee Member</i>		
<i>Albert Estrada</i>	<i>Committee Member</i>	<i>Teacher</i>	<i>aestrada@evergreenusd.org</i>
<i>Troy White</i>	<i>Committee Member</i>	<i>Teacher</i>	<i>twhite@evergreenusd.org</i>

4. How often does your School Wellness Committee (SWC) meet per year?
****Best practice indicates that SWC should meet at least four times per year***

- Monthly
- Four times per year
- Two times per year
- Once per year
- Other: Please specify

5. Has your SWC used any of the following assessment tools to measure implementation of school wellness policies and practices

- Healthier Generation Assessment
- Centers for Disease Control and Prevention's (CDC) School Health Index
- Other: Please specify

Section II: Implementation Progress

Use the rating scale to track if LWP components are implemented at your school. Please include implementation strategies and resources used. Also, list challenges and/or barriers. ****Local School Wellness Policy components can be customized to align with the district's specific policies and practices. For example, you can change wording of the components described below to reflect your district's LWP goals, or add additional rows to the table.***

Rating scale:

- 3= Always
- 2= Sometimes
- 1= Rarely
- 0= Never

Rating	Local Wellness Policy Components	Implementation Activities	Resources	Challenges
3 = Always	Age-appropriate nutrition education lessons and nutrition promotion activities are provided to students in all grade levels throughout the school year.	<ul style="list-style-type: none"> • Students receive 1-hour of nutrition education weekly • Healthy eating & physical activity posters are located throughout the school specifically in cafeteria • In addition, Health lessons are incorporated into Sports team. 	MyPlate USDA Team Nutrition resources CalFresh Healthy Living UCE Curricula	Lack of time dedicated to teaching nutrition education lessons
3 = Always	All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds with the <u>USDA regulations for the National School Lunch and School Breakfast programs.</u>	Smarter Lunchroom Movement (SLM) score card in all 3 locations. Fuel 360 Nutrition Cart Grant (and others) submitted		Supply and cost
3 = Always	All foods and beverages sold outside of the school meal program meets or exceeds with the <u>USDA Smart Snacks in School nutrition standards.</u> (This includes vending machines, school stores and in-school fundraisers)	Fundraising events and sporting events include Smart Snack standards.	Smart Snack Guidelines Fundraising committee and application that stipulates the Nutrition expectations.	Fundraisers making enough money due to supply limitations.
3 = Always	Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School nutrition standards</u> on the school campus, during the school day.	District Breakfast and Lunch menu	District menu Interactive online menu with nutrition values.	Finding common foods that students like.

Rating	Local Wellness Policy Components	Implementation Activities	Resources	Challenges
2 = Sometimes	Our school prohibits withholding activity/recess as a punishment.	Every student is getting breakfast and lunch.	Education Code	Some middle school students are missing recess in the restoration room at lunch time.
2 = Sometimes	Physical activity opportunities (<i>such as recess, classroom energizers, structured and unstructured play</i>) are offered to students before, during and after school on a daily basis.	Morning recess, PE, snack break, lunch break, after-school SERRF.	SERRF, PE dept, Sparks	Space and consistency among grade-levels.
3 = Always	All students receive the required weekly minutes of physical education based on state/national standards.	Grade-level PE time	PE Dept, Sparks, Go Noodle	Consistency among grade-level
3 = Always	Our school communicates to the public about the content and implementation of the Local School Wellness Policy.	School newsletter District Web site Listed on District menus Office has printed copies	Web site Printed copies	Making sure reaches the school community.
3 = Always	Our school integrates wellness activities across school settings.	Family night activities After school sports/activities Club Live Student representatives	Cal Fresh resources Flyers/newsletter Social Media Bulletin board	Space Volunteers
1 = Rarely	Families have the opportunity to be involved in making decisions for school wellness policies			Outreach to get parents involved. Have parent club representative attend Wellness meetings

Section III: Action Plan Goals

Three health & wellness goals for the 2023-24 school year.

Goals	Implementation Activities	Successes	Challenges	Resources Used
1. Providing 2 nd Breakfast	2 nd Breakfast will be advertised on the monthly menu	MS/Bend has seen an increase in student participating.	Providing 2 nd Breakfast at the Elementary School	Local School Wellness Policy
2. Encourage parent involvement on the Wellness Committee	Advertise in beginning of the year newsletter Encourage PTO representative to attend	Prior year we had 2 parent representatives	Get consistent attendance and representatives from all 2 schools.	Newsletters and "word of mouth"
3. Not withhold activity/recess as a punishment	Investigate discipline alternatives Implement restorative practices	Restoration Room used at the Middle School allows for restitution and return to activity	Train staff to understand that activity is necessary part of a student's day.	Restorative Practices training for staff

Completed by: *Claudia Ray*
 Principal's Signature: *[Signature]*

Date: *5/3/2023*
 Date: *5/3/23*